

Sleep Apnea Patient's Checklist for Insurance

We encourage all patients to call their insurance carrier **PRIOR** to appointment for OAT impression and ask the following questions:

1. Does my insurance provide coverage for a custom oral appliance to treat obstructive sleep apnea?

If the answer is “yes” to question #1 please continue:

2. Do I need permission to go out of network? If so, what do I need to do? (Dentists are not typically “in-network” under medical groups). Be sure to request a network gap exception or waiver.
3. Is pre-authorization required? If so, how do I obtain that?
4. What is the time frame for a sleep study to be considered “current”? 1 yr? 2 yr?.