



Natural & Drug-Free Pathway to
Ending Your Migraines & TMJ Pain

Get Your Life Back!



A Word From the Doctor

Thank you for taking the time to look at our digital brochure. I hope that the information it contains will help you to find hope and a pathway to healing.

My name is Dr. Cheryl Freeman, and I have spent many years helping patients find solutions for their headaches, TMJ, and other oro-facial pain.

As a general dentist, I became frustrated with the limitations of conventional treatment, and I found myself referring more and more patients for physical therapy. Even with the efforts of myself and a

physical therapist, treatment results were often disappointing and short-lived. I wanted to make a lasting difference in my patient's lives!

With the incorporation of TruDenta therapy, and its emphasis on empowering patients to control their pain triggers through a combination of rehabilitation and home care, into my practice, I have been able to do this. We have eliminated our patients' dependence on prescription medications and helped them to take back control of their lives.

Read on and see if this comfortable and non-invasive treatment may be just the solution you have been looking for!



TruDenta Pain Relief— Life Changing Dentistry

Headache and TMJ disorders impose a recognizable burden on sufferers including sometimes-substantial personal suffering, impaired quality of life and financial cost. Repeated headache attacks, along with the constant fear of the next one, damage family life, social life and employment. The long-term effort of coping with a chronic headache or TMJ disorder may also predispose the individual to other illnesses. For example, depression is three times more common in people with migraine or severe headaches, than in healthy individuals.

Before TruDenta, dentists were trained to fix your teeth, straighten your teeth, whiten your teeth and even replace your teeth. However, dentists were not trained or equipped to diagnose and treat symptoms caused by the complex forces that operate and control your head, mouth, jaw and teeth. With TruDenta, dentists are able to quickly examine your bite and range of motion. They can also show you the source of pain.

Chronic headaches, migraines, TMJ/D, tinnitus and other pains of the head, neck, face and jaw can be caused by improper or unbalanced dental forces. A painless examination by a TruDenta dentist can quickly determine if your symptoms can be resolved by TruDenta.

TruDenta treatments are painless, pleasant and require no drugs or needles. Utilizing systems and methods perfected in sports medicine, your TruDenta dentist may be able to rapidly and painlessly resolve issues from which many patients have been suffering for years.



The TruDenta Process

The head and mouth are home to a myriad of nerves, muscles, tendons, ligaments, joints and bones which affect not only your teeth, but your overall health and well-being. When not properly balanced, the forces created by these elements can result in symptoms including chronic headaches and migraines, temporomandibular joint (TMJ) pain, neck and jaw pain, earaches, tinnitus (ringing in the ears) and sleep apnea among other symptoms.

TruDenta dentists are uniquely trained and equipped with state-of-the-art technology to quickly examine and diagnose dental force abnormalities. This allows them to identify issues, often overlooked for years by other practitioners, that lead to painful symptoms. By the end of the first exam, your TruDenta dentists will have enough information to create a specific treatment plan that can provide lasting relief to often long-suffering patients.



If you are plagued by any of these issues, call us today at 336-610-HELP to receive your screening, and find out if TruDenta is right for you. Amazing pain relief could start with the very first treatment!

Hundreds of dental practices are helping thousands of patients across the U.S. with dramatic success, thanks to the TruDenta diagnostic and treatment system. Some dentists have even opened a special headache center to focus exclusively on treating patients with chronic headaches, migraines, TMJ disorder and other dental force related problems.

The Symptoms

Dr. Cheryl Freeman and her skilled therapists can quickly and painlessly examine you, provide a diagnosis and actually show you the potential reasons for your painful symptoms, which often include:

Headaches and Migraines:

Countless numbers of people suffer from headaches on a weekly or even daily basis. Common headache treatments have overlooked the role that the mouth, jaws and bite alignment can play in triggering this type of pain.

Malocclusion, or the misalignment of teeth, is a prominent contributor to headaches. When biting or chewing, the teeth exert tremendous pressure on their opposing counterparts. If the bite pattern is disturbed even slightly, this pressure can result in radiant pain throughout the head.





TMJ Disorder: This painful condition, known as TMJ/D, results from excessive wear or damage to the temporomandibular joint, the “hinge” of the jaw. TMJ/D can lead to a number of issues relating to the teeth and jaws. Bruxism, or grinding and clenching of teeth, is one of the most common issues that is present in cases of TMJ/D. Bruxism not only puts undue stress on the teeth and jaws, it can cause pain throughout the entire neck. By analyzing your bite pattern, your TruDenta dentist can identify your TMJ/D and bruxism and prescribe a plan to correct both.

Earaches: If you have suffered from recurrent earaches that do not subside with antibiotics, it is quite likely that your earache is related to undiagnosed dental force issues. TMJ/D and misaligned teeth, especially those in the back of the mouth in close proximity to the ear, can radiate pain throughout the area, which the body can misinterpret as an earache.

Tinnitus: Tinnitus is commonly described as “ringing in the ears” though many patients also experience a clicking or popping sound. These issues are very indicative of TMJ/D. Some of the nerves in the jaw area overlap with nerves responsible for hearing. When these nerves are overwhelmed by muscle pain from TMJ/D, they can interfere with hearing and result in tinnitus. Also, when the jaw is misaligned, bones can interact improperly and create the sensation that they are catching, or clicking.



The TruDenta Treatment

Once your symptoms have been diagnosed, your specific treatment can begin immediately. Many patients are amazed at the relief they feel after their very first appointment.

Therapy sessions include the use of several FDA-cleared, painless technologies, including ultrasound, low-level cold laser, microcurrent, trigger point manipulation.

TruDenta is painless and require no drugs or needles. Depending upon the severity of the diagnosis, patients require from one to twelve treatments, completed weekly. This means that a patient with even the most severe symptoms can achieve lasting relief in just three months.

Long-term relief depends upon learning to take care of yourself. This includes maintaining the balance we achieve through therapy, avoiding overstimulation of the nervous system, good nutrition, regular exercise, and getting plenty of rest. Our home care program will guide you through this.

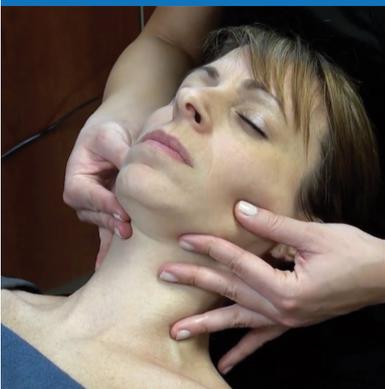
TruDenta is a groundbreaking advancement in the treatment of headaches, migraines, TMJ/D, vertigo, tinnitus, clenching and grinding, and many other painful dysfunctions of the head, neck and jaw.



Ultrasound stimulates the tissue beneath the skin's surface, returns circulation to muscles and helps to break up scar tissue and deep adhesions.



Cold laser and microcurrent decreases pain and inflammation, accelerates healing of tissue, reconnects neurological pathways to the brain stem.



Trigger point manipulation decreases pain, tension and inflammation in trigger points, breaks up muscle knots, increases blood flow, and pain.

Patient Testimonials

"I was amazed at the difference with just one treatment. As the therapy has progressed, it has been life-changing. Dr. Freeman and Christina have been great. You can have a better life with TruDenta!" - Dana

"This treatment makes total sense. Why choose to continue losing time at work and with your family when there is an answer? I got results almost from the beginning. I'm so glad I did this treatment." - Felicia

"Life has been wonderful since I've experienced TruDenta. I'm so grateful that Dr. Cheryl told me about this. It's now been 2 years since my last migraine." - Emily

Isn't it time to live pain free?

Call today to receive your screening, and find out if TruDenta is right for you. Amazing pain relief could start with the very first treatment!


CENTRAL CAROLINA
HEADACHE CENTER
DR. BRYAN & DR. CHERYL FREEMAN, DDS

Dr. Bryan Freeman
Dr. Cheryl Freeman
(336) 610-4357 (HELP)
1-(844) 610-4357 (HELP)
134 Davis Street
Asheboro, NC 27203

www.CentralCarolinaHeadacheCenter.com

